



## The Assemblage Point

**H**ow we behave, think and feel may be beyond our rational control. It is very difficult to return to normal health, despite the best alternative treatment, e.g. massage, herbs, diet, etc if the **assemblage point** has been shifted. The **human energy field's epicentre**, referred to by Carlos Costaneda and presented scientifically by Jon Whale in *The Naked Spirit*, is the **assemblage point**.

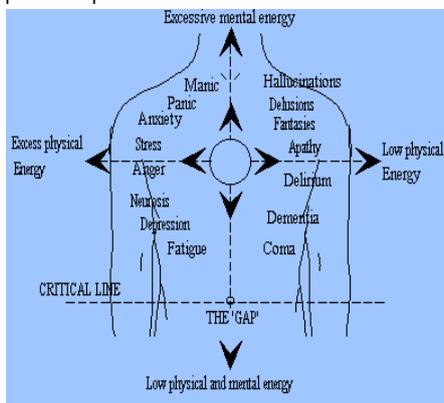
Correcting the assemblage points have been done by shamans for centuries. Accidents, shock, traumatic events, sleeplessness, poor dietary and other lifestyle habits, substance abuse, surgery, disappointments, defeat, intimidation, bullying and bereavement contribute to a shift in the location of the assemblage point.

"I had an accident," said Karen (name changed) during our phone consultation. "A car ran into the back of me and I have never been well since." Immediately I sensed that her assemblage point had been moved.

Clients, like Karen, have often reported that no matter how hard they try, or what therapies or medication they use, they are unable to return to their normal health and good nature. Karen had tried many modalities for the correction of her physical body after the accident. Her physical, mental, emotional and relationship health were suffering. After correcting the assemblage point position, Karen felt a profound relief. I then sensed through inner "seeing" that her sacrum was misaligned and her left shoulder blade had rotated forwards and up. Karen said she felt round shouldered and had a constant pain between the shoulder blades. After the shoulder blade was brought to the normal position and the sacrum was aligned, suddenly Karen felt as though the shoulder blades were now nicely close together. She was feeling fantastic—pain free, light, grounded and clear headed.

Karen had experienced a lifetime of stress from trapped emotions in the body. Trapped emotions cause the cells, organs and parts of the body to function poorly. These areas are then unable to resist impacts, e.g. accidents, since the "shock absorbers" in the body are unable to protect the area—hence even the slightest accident can cause major disruption and pain.

Mental, emotional and physical dis-ease are experienced when the assemblage point has moved from its healthy position in the centre of the chest. If the assemblage point moves upwards from this normal position, there is excess physical energy and hyperactivity, e.g. stress, panic, anxiety, insomnia. Downwards: depression and fatigue. Should the assemblage point move to the right there is excess physical energy and to the left, deficient physical energy.



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retention, poor thinking and, fatigue. And since this industrial waste poison is accumulative in the body, the assemblage point drops lower and lower towards the critical line. This line being the place where death occurs. The location and entry angle affects the quality of living, mental, emotional and physical wellbeing—distressing mental and physical frequently occur.

Following a traumatic incident and, should the assemblage point drop down to the liver region, the liver will become disturbed and function poorly. We could feel tired, perhaps depressed, have blood pressure problems, difficulty thinking and blood and biochemistry changes—paving the way for more serious conditions to develop. It is important to correct the position of the assemblage point soon after any incident that caused it to drop and you to feel out-of-sorts, This will greatly help in the restoration of blood and biochemistry levels.

### Post Traumatic Stress

Jenny (name changed) shared her story of enormous stress whenever speaking to a family member on the phone. She always felt intimidation from him and would then "lose her voice." Jenny was reacting from post traumatic stress. We can tend to think of PTS as what war veterans experiences or major earth catastrophes happen. However, it's very common to experience PTS from seemingly milder stresses. Typical of PTS, Jenny would over and over again plan in her mind how she would respond to the family member whom she felt intimidated by. This is a survival pattern to handle the PTS. However, the mental planning doesn't work, for we are thrown once again with unexpected comments. When we are in survival mode, we are unable to flow spontaneously from the spirit. Why? The *emotional body's* assemblage point has shifted and we are running a pattern to just survive the PTS—the shifted assemblage point prevents the energy of spirit from flowing.

After releasing a trapped emotion, and then shifting the emotional body's assemblage point, Jenny felt freedom and lightness as she had never experienced before. She was able to flow spontaneously when speaking to the family member. Jenny now has a choice as to whether she plans her responses to people who make intimidating comment, or to allow spontaneity.

The activity of the organs and glands, including the brain, are determined by the location of the physical body's epicentre. Health is directly related to brain frequencies and the location of the assemblage point. The way we feel, the manner of our behaviour, our state of health and our ability to recover are determined by the location and entry point of the assemblage point.

Giving attention to the assemblage point and correcting the location can prevent a life time of suffering for all concerned. A stable and correctly located assemblage point increases health and competency physically, mentally, emotionally and spiritually.

The shamanic **Heart Healing Symbol Card**, *Awakening* corrects the assemblage point position.



### Fluoridated Water

I frequently find, since the introduction of fluoride in our local water, that the assemblage point drops down and to the position where "coma" or "dementia" is experienced—hence feeling zombie-like, lacking energy and vibrancy, fluid